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National Workshop



except you" Dr. Shruti Shukla



Jalandharites participate in open air workout at WOW

Police Commissionerate The Model Town streets from Special Diet Food Corner and Weekend of Wellness (WOW)

better health of society.

Hundreds of people activities.

Fitness partner for the event was The BodyTemple; Health Partner was Jerath Path was 94.3 MY FM.

Promoting the message Jalandhar Police Commissionerate and Model Town Shopkeepers Association organized the third edition of Weekend of Wellness (WOW) in the open streets of Model Town. Hundreds of people of different age bars participated in this gala fitness event in which they broke into synchronized dance moves

organizes third edition of 6am to 9am were cordoned off for Kids Zone by F9 Media were also the citizens. They used the streets the main attractions of the event. DCP Gurmeet Singh for recreation that promoted appreciated the initiative for the health, well being, fitness, gathering, DCP Gurmeet Singh togetherness and joy.

from all spheres and all ages galvanized the people to us to organize such events in participated in recreational participate in a shared vision of an future as well and the efforts of active and healthy way of living. It CT Group are truly commendable was organized with an aim to in organizing this event. inspire people to use the space in a holistic manner. It was all about Managing Director, said that the Labs & Entertainment Partner opening streets to people, sharing endeavor aimed to encourage resources, transforming people to start walking, cycling communities. It was a milestone and doing more fitness related of healthy living and fitness, CT crafted to galvanize the citizens to activities in an entertaining way Group of Institutions along with participate in a shared vision of an for a healthy living. The event is active, car-free lifestyle. The organized on Sunday to promote traffic was not allowed for three healthy lifestyle and remind the hours as residents reformed their citizens to reclaim the streets as it roads as open-air dance studios, belongs to them. He thanked all art hubs, gymnasiums and yoga the supporters, Police institutes. Many fun filled and Commissionerate and healthy activities took place like participants for making this event cross fit, cycling, Horse Riding, a grand success. Circuit training, Bolly X, Vedic Yoga, Aerobics, Zumba and Bhangra, Gully Cricket, Tug of

CT Group in and pumping workouts in a traffic War, Open DJ, Badminton, association with Jalandhar free zone. Soccer, and many more.

While addressing the said that people really enjoyed The event of its kind this initiative which has buoyant

Mr. Manbir Singh,











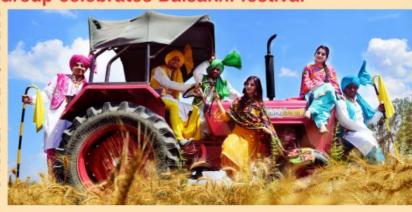
didyouknow

·After carefully studying hominin fossils found in Kenya, Ethiopia and Chad, German scientists have concluded that 4 distinct human species coexisted at the same time about 3 million years ago. What isn't known is how or if they are related and whether they interacted with one another.

- •The Bureau of Engraving and Printing uses 9.7 tons of ink each day.
- . Honey is the only natural food which never spoils.

CT Group celebrates Baisakhi festival

Keeping up with the tradition of celebrating all the festivals with great fervor and gaiety and apprising students of their rich culture and heritage, Baisakhi celebrations were held in CT Group of Institutions. A few international students from Africa, Nepal and Indian students too took part in the festivity with great enthusiasm. They donned the traditional attires, spend quality time in the fields, had fun with their fellow Indian students to know more and more about the festival. CT University also commemorated this fest with full enthusiasm.



National Workshop on Internet of Things (IoT) held at CTITR

CTITR organizes overwhelming response where workshop in collaboration with IKG-PTU & Skyfi Labs

CT Institute of Research(CTITR), Maqsudan in its continuous journey towards academic excellence and robust growth, and imparting quality environment for enhancing technical skills of faculty members and students organized a two day National Workshop on "Internet of Things" in collaboration with IKG Punjab Technical University, Jalandhar and Skyfi Labs.

Mr. Naveen R Lakkundi, Engineer at Skyfi Labs was the keynote speaker. The objective of this workshop was to give hands on exposure on Internet of Things to students, researchers and faculties.

The program got an faculty and students.

in a staggering number of more than 50 participants from various institutes/organizations Technology and and industries participated. This two day workshop covered various aspects of Internet of Things, cloud computing and Fabrication of the IoT devices. Two day national workshop was

inaugurated by Chairman S. Charanjit Singh Channi, Managing Director, Mr. Manbir Singh, Vice Chairman, Mr. Harpreet Singh, Director, Maqsudan Campus Dr. Jasdeep Kaur Dhami, and Vice Principal, CTITR, Er. Anurag Sharma.

Dr. Jasdeep Kaur Dhami gave the formal inaugural speech. In her inaugural address, she said that such workshops are the necessary for the education and research excellence of the

Inauguration followed a session on IoT. The experts provided hands on experience on how open platforms allow you to store your sensor data in the Cloud and how to send data to the Internet and talk to the Cloud. They also discussed the basic usage of the Arduino/Raspberry Pi environment for creating your own embedded projects at low

Workshop concluded with a valedictory session, awarding certificates of Merit & participation to all the participants & delegates.

Mr. Manbir Singh, Managing Director, appreciated the participants and motivated them to organize and participate in such programmes and also to disseminate the gathered knowledge to their students

In Short

Industrial Visit to BSNL by CTPC students



Department's students of ECE 6th and 4th semesters. visited to BSNL (Mobile Switching Centre) Jalandhar. The students having various subjects like wireless & Mobile Communication, Optical Fibre Communication, and Communication Systems-I &II etc, with theoretical Concepts, they got practical knowledge. The students visited to the various sections of the MSC and understand their working in detail.



Young engineers of Polytechnic represented their projects in an event named "Technophilia" organized by CT Polytechnic College







CTIL organizes seminar on Right to Legal Aid in India





CT Institute of legal aid in India. On this occasion.

Law(CTIL) organised a seminar on "Right to Legal Aid in India" on the inauguration of Legal Aid explained the students about the Clinic at CT Institute of Law. concept of legal aid in India. He Gurmeet Tiwana, Chief Judicial also shed light on the people Magistrate and Secretary who can get this remedy, as this District Legal Services right is available to women, Authority, Jalandhar children and other weaker distinguished as Chief Guest of sections of society. The main Principal CTIL graced the the day and enlightened the aim of this seminar was to students of CT Group of disseminate information among members.

Gurmeet Tiwana elaborately

Institutions about the right of the masses about the various

provisions which are made so that the indigent persons can get some relief.

Overall, the seminar was highly informative and productive. Dr. Kuldeep Grewal, Director, GNDU Colleges, Dr. Seema Arora, Principal CTIHS along with Dr. Yugdeep Kaur, occasion with other faculty

Jeena Isi Ka Naam Hai: An inspiring play on the life of S. Charanjit S Channi

"Jeena Isi Ka Naam Hai" a play which was staged in the celebration of 20 glorious years of excellence in education by CT Group is about the inspirational journey of S. Charanjit Singh Channi, Chairman, who started from a real estate business and is now the Chancellor of CT University and own colleges and schools. The play beautifully depicts the journey of Mr. Channi, the struggle he went through and how he overcome all obstacles and now have touched the pinnacle of success.



Follow link for complete video: https://www.youtube.com/watch?v=7020u8nHY7s&t=602s

HEALTH & FITNESS

Please send your queries for health & fitness column to be answered Mr. Balraj Khehra

(Honorary Assistant Professor, School of Physical Education, CTU)

Students of Fashion Design show their collection at

CT Group organizes fashion show "The Runway" To enhance the creativity and imagination in the field of fashion, the Department of Fashion Design, CTIHM organized "The Runway" Fashion Show by budding designer students at CT Group of Institutions, Shahpur. Young designers participated

Gloss Floss etc.

It was a glamorous event, choreographed by renowned Bollywood make-up artist Saurav Kumar, which boosted the visibility of fashion and promotion of brands associated with apparel industry. The event provided platform & opportunity to the models to showcase their talent, boosting their confidence. Judges namely Mr.

enthusiastically in the

show with the themes like

Masquerade Sunrays, Greeko Mordore, Denblue Sidharth Kakkar, and wished them for their a renowned future endeavors.

designer, Mr. Designer students were Gaggun Bedi, awarded with The Best Choreogra Collection, The Best pher and Conceptual Wear, The Best Ms Designer and The Best Seep Thematic Wear.

Ms. Gurpreet Kaur, COD, Fashion Design said "It was a big platform for the budding designer students of CT Group to expose their hidden creativity through the designs, Model that they made in their final & Actor semester."

apprecia Mr. Manbir Singh, Managing ted the Director, appreciated the efforts efforts put in by the Fashion a n d Design students and motivated talent them as such events gives of the practical exposure to the partic students.

ipati Mrs. Parminder Kaur Channi, n g Co-Chairperson, Mr. Harpreet stud-Singh, Vice Chairman, Ms. ents Seerat Singh and Ms. Tanika Singh graced the occasion with their presence.

> The make-up and hair do was sponsored by Orane and Saurav Kumar.

> > -Kritika Budhiraja

"The Runway"















CTITR organizes two-day National Conference on Current Trends in Engineering, Management & IT



P.K Tulsi from NITTTR and Dr. Amod Kumar, Chief Scientist CSIR discussed challenges in the field of technology

Moving forward in its pursuit towards becoming a center of excellence in the field of technology and research, a two day National Conference was organized at CT Institute of Technology and Research (CTITR), Maqsudan. The conference was inaugurated by distinguished keynote speakers Dr. P.K Tulsi, Professor, NITTTR, Chandigarh and Dr. Amod Kumar, Chief Scientist Singh Channi, Chairman, Mr. Manbir Singh, Managing Director, Mr. Harpreet Singh, Vice Chairman, Dr. Jasdeep Kaur Dhami, Campus Director, Er. Anurag Sharma, Vice-Principal. Conference was attended by over 200 delegates from industry, institutions and researchers.

In this conference, call for paper was also issued along with the notification of the conference

and overwhelming response was received in the form of research papers. More than 150 papers were received and after careful scrutiny and careful review by the experts of the review committee, 97 findings of their respective domains of knowledge were selected for the inclusion in the proceedings of the conference.

Dr.P.K Tulsi, Professor, NITTTR, Chandigarh and Dr. Amod Kumar, Chief Scientist CSIR, Chandigarh spoke about the issues and challenges present in the field of technology and recent trends in education. While CSIR, Chandigarh, S. Charnjit addressing, in the inaugural session of the conference, Campus Director, Dr. Jasdeep Kaur Dhami, expressed her sincere thanks to the Keynote Speakers and other distinguished speakers of this conference Dr Dhami expressed her confidence that various parallel sessions shall witness high class deliberations and shall open the new direction of research to the participants. After inaugural

session, parallel sessions on relevant themes were organized in which contributors from different organizations participated and presented their research papers.

Presenters and delegates of different fields were duly rewarded with certificates and mementos in the valedictory function.

Mr. Anurag Sharma thanked the guests and his team for their successful constructive inputs. He also acknowledged the great support and co-operation of all the delegates and participants for their support, participation and contributions in making this conference a success.

S. Charanjit S Channi, Chairman, appreciated the initiative taken by the department by organizing this national level conference and said that such conferences gives a wonderful opportunity to the researchers by doing intense research on the topics and explore new findings and learning's.

Recipe from our Kitchen of CTIHM

MOCKTAIL HORIZON

by Vishal Sharma



Sr.n	Ingredients	Qty
1.	Guava Juice	60ml
2.	Mint Leaves	5g
3.	Coriander Leaves	5g
4.	Lemon Wedges	3wedges
5.	Black Salt	5g
6.	Custard Sugar	5g
7.	Blue Curacao	4-5drops
8.	Sprite	60ml

HOW TO MAKE



First of all, take mint leaves, coriander leaves, lemon wedges, custard sugar, and black salt and then muddle them in shaker properly. Then, add Guava Juice into it and shake it well with ice and pour half of Pilsner with this juice. After this, in another shaker, take sprite, add 4-5 drops of Blue Curacao into it and stir it properly. Then, make a layer properly over the Guava juice. Your drink is ready to serve.



Positive start of the day at CT World School





School regularly start their day by how they start their morning day by various activities that could learning the ways of making their in school while praying to strengthen their mind and bodies.

Students of CT World day fruitful. A few glimpses of Almighty God and then followed

Food for the Soul

Don't be afraid to feel anything. Know that being a human, it's very obvious to feel things and react accordingly. However, learn from the things and continue to elevate anyway. You will stumble many times in the journey but never stop pursuing your goals and aims, for a tough seeker never gives up. ·Make yourself comfortable in every situation because having an 'it is okay' attitude towards situations which are not favorable is one of the most important elements which lead to a peaceful

Laughing from the Gut



 Difference between a beautiful night and a horror night. Beautiful night is, When you hug your teddy bear and sleep. Horror night is, When your teddy bear hugs you BACK ·A guy in a plane stood up & shouted: "HIJACK!" All passengers got scaredFrom the other end of the plane, a guy shouted back "HI JOHN" ..

TALENT TALE

An epitome of talent



profession. Doctors are performing all the surgeries replacement. considered to be studious himself, so he never keeps a enough. But, Dr. Harprit Singh junior with him. The topmost number of oxford knee has maintained a balance achievement Singh has under his replacements in Asia. He has between his profession and belt is the assurance of zero done maximum number of metal personal life. Ask him how he percent infection in primary to metal total hip replacements in distresses himself, he quips, "By surgeries. music and running."! Yes, you read it correct. Talking about his number of centers in the world North India. personal life, Singh is very which have attained this target.

professional guitarist. Singh is last one and a half year. the man who personifies

It is believed that and abroad, in a short period of faculty and international

good photographer as well as a been no case of infection in the

Another triumph is dedication, determination and unbelievably short surgical time distinction! Singh is Ms. Mch of 09 minutes for a knee (ortho), Gold Medalist, a replacement and 06 minutes for consultant joint replacement and partial hip replacement making it Arthroscopic Surgeon who is possible for the patients with successfully running 'Orthonova heart functions up to 25 percent Hospital' - an only centre for also to opt for surgery albeit the Oxford Knee Replacement in risks. He introduced walk-inone-day principle after knee He has conducted replacements. Most of his 37,000 successful surgeries, patients can sit on the floor after marking a success to his replacement of the joints. Due to professional journey. Singh's his intelligence and hard work and sincerity towards farsightedness, he is able to laurels and appreciation in India knee replacement in India. He is a

He has done maximum

Orthonova hospital



his profession brought him the introduce the concept of Oxford spine surgeries, arthroscopic patients opting for surgeries. management of knee and Earlier, patients used to go to shoulder. Presently, this is the Delhi or Mumbai for joint medicine is the serious time. He strongly believes in instructor for Oxford knee only centre in India offering this replacements, but now people not most advanced surgical option only from Punjab, Chandigarh for knee replacement.

surgical techniques in the field of visit this centre for the advanced orthopedics in North India surgeries. Patients from Canada, originate from this centre. This is US, UK, Kenya, Hongkong also North India. He commenced only because Singh keeps get their knees and hips operated There are quite less Proxima hip replacement in himself attached with various at this centre. The specialty of the hospitals all over the globe and hospital is that it assures the whatever new technology he satisfaction of the patients being chilled out person who loves to This is just due to the provides services to trauma and finds would be useful for India, treated here and Singh believes in work out in gym, who loves to personalized strict sterilization accident patients, has a dedicated he gets it here to his centre. There the same fact only. sing. Not only this, Singh is a policy of the hospital. There has team for joint replacements, has been a reversal trend of the

but also from Delhi ,and even as All the advanced far as Meghalaya and Mumbai

-Kritika Budhiraja

CT University seek blessings of Almighty God







CTU students perform Gatka with full zeal

the welfare of all, CT University (CTU), Ludhiana organised Akhand Path of Sri Guru Granth Sahib. The CTU management, and their parents gathered in the event rendered the campus a

campus on this occasion. The Holy Bir of Sri Guru Granth In order to seek Sahib was brought to the blessings of Almighty God for campus in a colourful procession wherein the students from various departments performed Gatka with zeal and enthusiasm and the on-lookers faculty members, staff, students showered floral petals. The

divine colour. There were chants of Bole So Nihal and Gurbani music on the campus. The campus was given festive look by decorating profusely with rangolis, illuminations, buntings and floral carpets. It looked festive. The Guru Ka Langar was served to all.







Good vibes can witness dormancy for a while. It's indeed a common thing when you go through some changes in your life. One thing to be remembered always is that, everything will fall into place at the end. It's hard but worthy.

Death punishment is not a solution

rape case has been on predictable lines - women and childdevelopment minister, Maneka Gandhi, wants the death penalty introduced into the Protection of Children from Sexual Offences Act (Pocso) 2012 for those accused of raping a minor below the age of 12. Knee jerk reactions like this invariably follow heinous sexual crimes like the Kathua case in which an eight year old Bakerwal girl was abducted, raped and murdered by a number of people including serving policemen. But in most cases of child rape and molestation, the perpetrator is a person known to the child and, therefore, the child is unwilling or unable to name him.

The real problem is that we have very poor forensics. In a rape case, whether of a child or an adult, the evidence must be collected within 24 hours of the crime. This is often not done. The FIR should be filed as quickly as possible. The investigation must have a deadline. In the Kathua case, the filing of the charge sheet was thwarted by a few renegade lawyers, following which the case become highly politicised.

There is little evidence to suggest that the death penalty is an effective deterrent. In the Kathua case, it is clear that the offenders thought they could get away with it, thanks to police complicity.

Better prosecution, the certainty of conviction and the severity of the sentence will work far better. In the case of rapes of minors - there were 19,675 recorded in 2016 alonethere has to be a well-defined timeline to press charges. The longer the case is delayed, the more the chances of the accused being able to intimidate the victim and her family as happened in the Unnao case. The first step in securing

convictions in child rape cases begins with improving the workings of the police station, the first port of call for the victim. There have been instances in which the police have refused to file FIRs, especially when the victims are from poor families. In the case of child victims, the police must be particularly sensitive and quick when recording complaints. This will be a better way to secure justice for child victims than focusing on the death penalty.

(Source: Hindustan Times)



CEE TEE WORLD AT A GLANCE

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Choose wisely to avoid career re-routing process!

It is irrefutable fact from school to college and that choosing a right career at trying to fit in peers. right time with wise decisions is pertinent and quintessential moral responsibility of parents, especially for the students mentors and their teachers to passing out their senior guide them in the right direction secondary classes.

They are like tender into beautiful flowers.

number of factors that influence of interest think of reasons that personality.

make the selection wisely for job options. dazzling future. Children before

This is why it is a

at this time.

Hence, the first and birds which have to blossom foremost in making a decision is to set long-term goal. Student Career development is should spend enough time lifelong process, there are contemplating about his choice p_{DT} once sphere, including his will keep them motivated make the right choice with interest, abilities, value and throughout the course and confidence. matched their current skill set Choosing a career can and then choose a domain where and make searches to shortlist be demanding and challenging skills can be put to the best use the bet one. task for both parents and and enhanced future. Once he is and roaming here and there in education in that domain. life more

making any decision should counseling help them being at right place and let become target oriented and understand the various options achievements come your way. must have clarity of thoughts, and how to purse them. Many of Career re-routing is a process mission and vision so as to students find it difficult to witnessed by many however, it remain exceptionally focused understand about their strength takes a smart mind to overcome and victorious. This is a time of and hence make the selection those hurdles with right many changes taking place in with naïve minds. It is advised decisions for you can't afford their life, both physical and them to ask mentors or guides in regrets in your career. emotional such as transition selection of suitable courses to



Ms. Garima Kanungo

So take a deep breath

To recapitulate, one children. Now, as students are known to point of intersection of with proper scheduling, waiting for their board results, interest and skill, and pursue planning and search can make search of best university, Further, students should consult Therefore, never let confusions college, courses and even the the professionals of their chosen change the path which will lead location, it is the right time to profession to assure about the you towards the right direction. Know your priorities and what Career discussion and your goals demand, pursue them

Prioritize and choose happiness

want to make it as. Things will and then, victorious.

eventually lead to happiness if The main thing comes up as, if you make a list of priorities in life. you really want to prioritize And, your list is nothing if it happiness in your life or not. doesn't involve happiness on the Many times you find happiness top of it.

problems are inevitable. But, to make it clear what relations wouldn't be it incredible to enjoy you want in your life. And also, the see-saw of life? I have seen choose those relations which many people saying, they are tired don't hinder the growth, peace of the downs.

each time. Isn't it?

Nobody will ever be able to make your to-do list. you a happy person unless you

carry on and wander aimlessly. already but, with a taste of You want to be happy but the happiness. Yes! Negativity with thing matter is how? You just happiness tastes awesome. It is expect or act also to get the same? the best way to tackle the A happy life demands nothing but negativity. Embrace the negative acceptance of every gone and things and let the happiness upcoming thing. It demands your conquer it all. If you can learn

Walking down the street of life is choice of whether you want to never easy but enjoyable if you become a victim or the survivor

> in relationships or emotional Unlike decisions, bonds. However, it is important

and success of the life. This is, perhaps, the Therefore, think before making point where the priority of your relationship a priority happiness in their life fades away. Choosing happiness doesn't Your choices do include mean being happy when you're happiness but the implementation on your good terms. Your life process is somewhere goes wrong concludes when you choose happiness during tough days. In this rat race and Another factor is, prioritizing

stressful life, you won't be able to tasks and time management and let be just laving to the later of the lat get everything on your nerves, this factor directly links up with

Question arises here, is Being happy is never a the things and start framing your

compulsion but, a major feeling life with the things that add up joy



Ms. Manpreet Johal BAJMC(SEM 6)

how to prioritize your life then eventually you can learn how to stay happy during unusual times. Show some patience when you feel lost inadvertently. Cheer up vourself and catch vourself by knowing that nothing in the world lot by just letting positivity in and also, know that there will be negative clouds in your sky which you a happy person unless you don't know how to prioritize your your to-do list makes you happy? However, get up, learn your If not then, you have to reframe lessons and keep elevating

Every quote,

School of Innovation & Design lifts overall trophy of CTU Splash

organises Intra University fest Dance, Solo Dance, Skit, always entertaining and make us 'Splash'

organised an Intra University documentary and the major fest 'Splash' in which the attraction was Fashion Show. students from all eight schools The overall trophy was lifted by School of Engineering and of Engineering and Technology School of Design and and Linguistics bagged first and Physical Education, School Design and Innovation bagged of Law, School of Hotel first position in Rangoli, Face Management and School of Painting, Collage Making, Best Pharmaceuticals and Natural out of Waste, Documentary, Sciences along with School of Solo Dance and Singing. Management participated in Bawanpreet Singh, a student various events.

Splash had various cultural and said, "I took part in group dance.

University Collage making, face painting,

from School of Management Sadawarti.

CT University creative events like Group Such breaks from study are Punjabi Rasoi, Selfie taking, stress free. All my fellow companions were actually very good and we had a gala time in Splash."

"Splash witnessed a different participated in different events. School of Innovation and variety of talents in all the More than 300 students from Design. In other events, School students. They did a great job by putting so many efforts. I Technology, School of bagged first position in group congratulate all the winners and Humanities and Linguistics, dance, School of Humanities I even congratulate all the participants because appearing Innovation, School of Education position in Mehandi. School of on stage is not always easy. The students were full of creativity and zeal. Such events would be regularly organised for a break for the students and bringing out their talents." said, Pro Vice Chancellor, Dr. Harsh

















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IHS bags overall trophy of 'Evento-Fiesta' at CT

students participate in 'Evento- Group Dance, Solo Dance, Skit, Fiesta'at CT

CT

More than 400 cultural and creative events like (CTIEMT, Shahpur).

Akashdeep, a student participated in different events. by CT Institute of Engineering, free. All my fellow companions not always easy. The students The fest had various Management and Technology were actually very good and we were full of creativity and zeal."

"Evento-Fiesta Manbir Singh.

Collage making, Rangoli and from Journalism department, witnessed a different variety of Group of literary events like Elocution Shahpur said, "I took part in talents in all the students. They Chairman Mr. Harpreet Singh, Institutions, Shahpur campus and Debate. The overall trophy Elocution and it was such a did a great job by putting so Mrs. Seerat Singh, Coorganised an Inter CT fest was lifted by CT Institute of wonderful experience and I also many efforts. I congratulate all Chairperson Mrs. Parminder Evento-Fiesta' in which more Higher Studies, Shahpur bagged first position. Such the winners and I even Kaur Channi, Cultural Officer than 400 students from CT campus whereas the first breaks before exams are always congratulate all the participants Mr. Davinder Singh were Group of Institutions Runners Up trophy was bagged entertaining and make us stress because appearing on stage is present during the occasion.

had a gala time during the fest." said, Managing Director, Mr.

On the occasion, Vice









There is no one who can control your mind except you: Dr. Shruti Shukla

"She walks She Talks" is all about session was attended by all the patient and optimistic in life. great women having received female students of all departments Mrs. Amrit Kalsi, Manager encouragement and motivation, Dr. respectively.

Shruti Shukla, Deputy Director, of life. She inspired the students to sides every time.

CT Group of Institutions be all rounder and play strong Co- Chairperson, Mrs. Parminder organized its seventh motivational affective part in each fields of life. Kaur Channi also graced the

pinnacle of their respective fields. along with the faculty members of Trainings, unveiled the book Continuing with this spirit of CTCE, CTITR, and CTIMIT 'Padma' written by Dr. Shruti

Shruti Shukla enlightened the her every role, like of a daughter, students. students in a convincing way. She wife, sister and mother with utmost touched all the current issues from grace. There is no one who can Jasdeep Kaur Dhami expressed a her PhD work on conviction of control your mind except you. The heartfelt gratitude to the guest of women that too in a familiar way mother-in-law could be a great honors by giving them green and sharing her personal experience companion if you see the positive welcome and by briefing the

talk under the campaign 'She Walks She awakened the girl students occasion with her esteemed She Talks series" of enhancing regarding their rights and duties. It presence. She also interacted with women empowerment at CT Group was a very interactive and the students and shared her of Institutions, Maqsudan. motivational conservation. The experiences and guided them to be

Shukla to the audience. Dr. Shukla Dr. Shruti Shukla while has dedicated the book to her SCERT, Punjab was the key note motivating students said, "A girl mother-in-law and she talked about speaker of today's talk series. Dr. must be confident enough to play the book with an open heart with the

Campus Director, Dr.



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