

CEE TEE WORLD

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A newspaper from : **CT GROUP**

CT GROUP
SINCE 1997
Punjab (India)



Students win prizes at PTIS



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2-day chess tournament organised at CT World School

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As we lose ourselves in the service of others, we discover our own lives: Parveen Abrol



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Hans Raj Hans & Yuvraj Hans enthralled audience with their spellbound performance at CTU

CT University organises star studded night

"Dil Chori Sada Ho Gaya, Oye Ki Kariye Ki Kariye"... The prominent singers from Punjab found their way to reach to the hearts of audience who responded by dancing and cheering aloud, in a Live concert held at CT University, Ludhiana. The evening began with the lively and energetic anchoring by one of the renowned hosts of India named Joe Baath. The major attraction of the star studded night was the spellbound performance of father-son, Padma Shri Hans Raj Hans and Yuvraj Hans. They released their new Punjabi track called 'Lekh'.

Other young singers that made the ambience full of life were Karan Schmbi and Arsh Maini who mesmerized the audience with their exhilarating

renditions.

More than 1000 people from the surrounding areas attended the live concert. The event was graced by the prominent Management of CT University namely Managing Director, Mr. Manbir Singh, Vice-Chairman Mr. Harpreet Singh, Pro-Vice-Chancellor Dr. Harsh Sadawarti, dignitaries and guests from various walks of society, faculty, staff, students and their families. Youth icon Yuvraj Hans after giving his youthful performance said, "I'm a little reluctant in singing in front of my father and I'm very blessed too that I've got an opportunity to share recording studio with him." To which, Sufi singer Hans Raj Hans replied, "My sons are my pride. I've seen Yuvraj & Navraj Hans growing from amateur to professional singers. The dedication and sincerity that they

possess is commendable. I enjoyed recording our 'Lekh' song with Yuvraj. I also appreciate CT Group for always providing a platform to the young talent to showcase their skills."

Pro Vice-Chancellor, Dr. Harsh Sadawarti said, "The singers and musicians lightened up the campus of CT University. Everyone had a memorable time and enjoyed the delightful music."

Mr. Manbir Singh, Managing Director said that the stars enthralled the audience and rendered the campus sky with a relaxing air of joy and ecstasy around. He thanked everyone for making the event memorable in the history of CTU.



did you know

• There's only one letter that doesn't appear in any U.S. state name i.e. 'Q.'

• It would take you more than 400 years to spend a night in all of Las Vegas' hotel rooms.

• The American flag was designed by a student as a school project for Bob Heft's junior-year history class, and it only earned a B- in 1958. His design had 50 stars even though Alaska and Hawaii weren't states yet. Heft figured the two would earn statehood soon and showed the government his design. After President Dwight D. Eisenhower called to say his design was approved, Heft's teacher changed his grade to an A.

• America is one of the only countries to display their flag almost everywhere.

• There are 182 places in the U.S. that have the word "Christmas" in their names.

• Though the majority of Americans speak English, there is no official national language in the U.S.

NEWS

Bidding adieu

The students of Department of Business Management, CTIMS bid a farewell to the passing out batch of MBA and BBA in Hotel President New Courts, Jalandhar under the guidance of faculty. The programme began with the Homage to Asifa. Juniors sang the good bye songs which again created an ambience full with emotions. The programme then was followed with the group dance

performances, Rounds of Modelling, Flashback pics and exciting games. An ambience of enjoyment and music was created for the seniors to enjoy their last memories in the college.

As the performances were so splendid, the faculty members while addressing the students said that being students they will always remember their college days and the faculty members also wished the

seniors luck and well being for their future. Later the programme was followed with the Award Ceremony and Title Distribution. Awards were given to the seniors keeping in mind their caliber and capability they have shown throughout the session. Dr. G S Kalra, Campus Director & Dr. Abhishek Soni, Dy. Director, CCPC wished all the students luck for their future endeavors.



Birthday celebrations!



CT Group of Institutions commemorated the 11th Birthday of 94.3 MYFM, Jiyo Dil Se. The whole team of the radio, RJ Bindas Vikas, RJ Raman, RJ Garry and other team members visited the campus and celebrated the occasion. On this occasion, the students of Hotel Management baked twenty two cakes which were then cut by MY FM team.



Students win prizes at PTIS

Students of CT Institute of Information Technology have won three prizes at Punjab Technical Institutions Sports, a state level Techfest held at Government Polytechnic College, Behram.

In the event project display, students namely Tanveer Singh, Saket Raman, Nishant Sudhir and Navdeep Kaur won second prize. Whereas, under Paper presentation event, a student

from Computer Science namely Noor Nawaz have bagged second position and Sahil Batra from Information Technology have won second prize in paper presentation event.



In Short

Hindi poetry recitation



Beauty is the realm of the poetry, children enjoy the beauty of expression, thoughts, feeling and music of words. Taking all these facts into consideration students of CT World School got an opportunity to exhibit their talent and confidence through Hindi Poem Recitation for Grade II till Grade VII. Students chose a variety of topics for their recitation like nature, trees, flower, mother, teacher, unity in diversity etc. with a lot of zeal and enthusiasm. Their effort was highly appreciated.

World Book Day marked



When you open a book, you open a new world. It is our true companion which walks with us in every situation. So for the same, CT World School marked World Book Day to express students love and affection towards the books. Students were told about the significance of the day.

Pramod Moutho visits CT Group

Famous Bollywood villain, Khalnayak, Raja Hindustani and Jodha Akbar movies fame, Mr. Pramod Moutho visited CT Group of Institutions, Shahpur. He interacted with S. Charanjit Singh Channi, Chairman and Mr. Manbir Singh, Managing Director and discussed the current scenario of film industry.



HEALTH & FITNESS

Please send your queries for health & fitness column to be answered

Mr. Balraj Khehra

(Honorary Assistant Professor, School of Physical Education, CTU)

2-day chess tournament organised at CT World School



Every chess master was once a beginner. Keeping this in mind and in order to make future chess champions, Jalandhar Chess Association (JCA) organised a two day chess tournament at CT World School, Shahpur.

The tournament was inaugurated and closed by Mr. Manbir Singh, Managing Director, Mr. Harpreet Singh, Vice Chairman, JCA President Dr. J S Cheema and General Secretary Mr. Muneesh Thapar. The tournament was being held under seven different categories, U-9, U-13, U-17 (each open and girls separate) and U-25 (Open). More than 100 players from the city participated in this tournament. Players played five tough rounds and the winners managed to bag the top

positions.

U - 9 O m A r y a Aggarwal and Rushil Jain won first and second position respectively. U-9 Girls Shresthi Gupta bagged first and Amaira Mittal secured second position, whereas, U-17 Dhirain Vij and Aditya Jain won first and second position, U-17 Girls Simran Rode and Lavanaya managed to bag First and second position respectively. U-13 Open Ayaan Sabharwal won first and Singh Dimpalvir secured Second Position, U-13 Girls Tushita Chopra bagged first and Gunjan Kanda stood second. U-25 open Anshul Mehta got first position and Dushyant Sharma bagged second Position respectively. Athrav Verma bagged Best Youngest Title.

Telling about the event,

General Secretary of JCA, Mr. Muneesh Thapar said, "This was the first tournament of the year which was being played as Swiss League System under latest FIDE Laws. This was a selection tournament for Punjab state championship. Winners will now represent Jalandhar district in the coming Punjab state chess tournament in respective categories."

Mr. Manbir Singh, Managing Director congratulated the winners and also lauded the efforts of JCA for organizing this event of great interest and said that such events increases the power of thinking and reasoning of the players and make them more witty and active.



CT Group: A home to foreign students



CT Educational Society is a conglomerate which is comprised of multiple educational organizations including CT Group of Institutions, CT University, CT Public School and CT World School. The Group has always been extraordinary in providing quality education and in the 20 years of establishment of various campuses, It has successfully created a comfortable yet worthy ambience for the students, be at national or international level

where students can acquire and develop skills beyond the periphery of classrooms.

Presently, the Group has 10,000 students' enrolled belonging to different regions, states and 15 countries across the world. The socially vibrant campus creates a multi-ethnic culture for the students where they can explore different traditions and bridge themselves with each other's society.

Believing in the concept of 'one nation, one

world', the Group strives to fulfill all the requirements of the international students. CT Group has over more than 150 international students from various parts of the world including Canada, Thailand, Tanzania, Zambia, Nepal, Nigeria, Malawi etc, shaping their careers in the disciplines like B.sc Biotech, BA(Journalism and Mass Communication), B. Tech, B.sc Economics, BBA, B. Pharmacy etc.

Apart from serving international students with quality academics curriculum, The Group never lacks behind in giving an atmosphere to explore their prowess practically through various extra-curricular activities, from sports to art and culture to acquiring technical skills beyond the theoretical part.

Nchimunya Chidakwa, a Zambian student pursuing BA (Journalism and Mass Communication) said "It's been

two years since I'm here and I never felt that I'm far from my own place." The institution has served me with love and empowering ambience where I could shape my career in the best possible way ever, she added

Quality education is what the Group intends to serve the society, nation and world and following the same path, we will continue to empower future endeavours and help them building into the best asset for the society.

NEWS

"Self-defence" prepares you to fight, rather than to freeze: Krav Maga Master

Keeping in view the importance of self-defence in today's insecure era and to help girls protect themselves against any harassment, eve-teasing attempts and other crimes, a one-day workshop on self-defence for girls was organised by Rajan Syal's Parindey at CT Public School, Maqsudpur.

The guest trainer for the session was Mr. Jaswant Singh, Commando Trainer with National Security Guard (NSG) and has more than eight years of experience and has trained more than 5,000 male and 1500 female commandos. More than 100

female students from classes VI-XII participated in this open-air workshop and experienced a lot many useful techniques that could be used in case of any emergency. Along with his team members, Mr. Jaswant, Krav Maga master told the students about the different tactics and techniques useful for girls as he believes that self defence prepares a person to fight rather than to freeze. The students benefitted from the workshop as they were taught various techniques like jab, punches, and knee kick and horse stance by the NSG coach and his team.

Mr. Manbir Singh,

Managing Director said, "Such training was needed because women/girls may not always get help from others when needed. This training will boost their confidence level and improve their physical and mental health. So it will be helpful for them when they do not have anyone around them to help, in case of violence."

Principal Mrs. Suman Rana and Mr. Rajan Syal from Parindey Academy also graced the workshop.

RAJAN SYAL'S PARINDEY
Fitness | Dance | Acting

**Chairman holds first interactive session with CT World School staff**

In order to keep the processes and working the efforts that they are planning morale of staff boosted, experience. The session began to put in order to enlighten the Chairman S. Charanjit S with a video on the life of lives of students. It was a very Channi, held his first interactive Chairman and later it was interactive session. Principal session with the staff members followed by a motivational Mrs. Madhu Sharma, Manager of CT World School at its session by him. Staff shared their vision regarding the school and

Recipe from our Kitchen of CTIHM**FRENCH TOAST**

by Chef Divyay



Sr.n	Ingredients	Qty
1.	eggs	4
2.	sugar, optional	1 TSP
3.	salt	1 TSP
4.	milk	1 CUP
5.	white bread	10 to 12 slices
6.	butter	
7.	maple syrup or other syrup	

HOW TO MAKE....

Break eggs into a wide, shallow bowl or pie plate; beat lightly with a fork. Stir in sugar, salt, and milk.

Over medium-low heat, heat griddle or skillet coated with a thin layer of butter or margarine.

Place the bread slices, one at a time, into the bowl or plate, letting slices soak up egg mixture for a few seconds, then carefully turn to coat the other side. Soak/coat only as many slices as you will be cooking at one time.

Transfer bread slices to griddle or skillet, heating slowly until bottom is golden brown. Turn and brown the other side. Serve French toast hot with butter and syrup.

Food for the Soul

1. Develop a good understanding with yourself through meditative activities. This is how you will be able to know what your mind and soul has to say.
2. Never feel the rush to make things okay and up to your mark. Everything has its own timings to happen. Be patient and let things pass by instead of making yourself flow with the things.
3. Never be afraid to choose the unusual paths in the journey. Life is way too smaller to not to explore things which challenge your soul.
4. Keep getting better with whatever you have received or lost. This how your happiness is determined.

Laughing from the Gut

Boss: Where were you born?
Worker: India..Boss: which part?
Worker: What 'which part'?
Whole body was born in India.

Tourist: Whose skeleton is that?
Person: An old king's skeleton.
Tourist: Who's that smaller skeleton next to it?
Person: That was same king's skeleton when he was a child.

NEWS

TALENT TALE



to follow the unusual and showcase the magic they have in their nerves. Divinya, the very first female tattoo artist of Punjab, belongs to Nawa Shehar however, started her career in Jalandhar with a passionate outlook. She is currently associated with Kamz Inkzone and working since three years as a tattoo artist. She, being the very first female tattoo artist in the state, shares about her passionate yet challenging journey from painting as passion to painting as professional. She says, "I used to draw painting clothes and any random object since childhood however, converting this passion into profession was not decided." Her profession started when Kamz, her true companion and motivator encouraged her to finally use her creativity in this field. But, starting of this profession was no doubt a starting of challenges for her as well. Since Punjab was not too advanced at that time to accept a female tattoo artist, Divinya

received a lot of criticism yet she kept sharpen her niche over time. Asking about the challenges faced, Divinya says, "my relatives and society always put me down for choosing this profession but parents support was indeed a much needed element for me which helped me ignoring such criticism." Even in the starting of the career, it was very hard for me to convince clients for getting tattoo done by a female tattoo artist and many times, I was misunderstood as a receptionist, maverick artist adds. Asking about her first experience of using the tattoo machine she says that it was a very nervous experience for her however she tattooed on her thigh just to be assured about the quality of tattoo. "After experimenting on my thigh, it was finally a turn to tattoo on my friend. I was again nervous as techniques such as holding machine, inserting needle properly and

inking are very important to implement appropriately" Divinya adds. She feels that being a tattoo artist, you will continue learn new things and designs each day. Every day is a new day to showcase your creativity but at the same point, you have to ensure your clients with quality services like using clean and new needles, gloves and suitable colors.

Asking about her workplace "Inkzone has always provided its clients

with comfy and satisfying ambience. I love working here with lots of joy and friendly atmosphere."

Girls like Divinya are truly an example of determined, passionate and yet daring enough to break the stereotypes by exploring new heights in the world, making a fulfilling life. One should always be determined enough to work for the desired goals regardless of the society's thinking.



CT students mark Earth Day



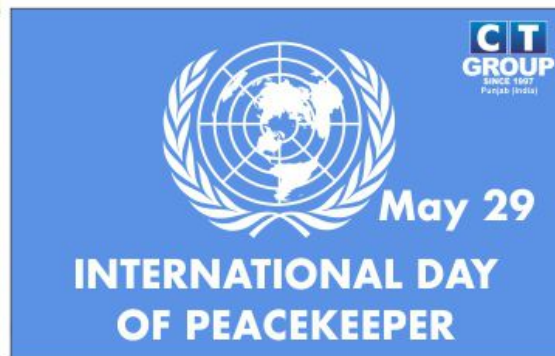
Students of CT Public School, Kindergarten and CT World School marked Earth Day in which they were told about the importance of the day and sharing about environmental education. Teachers gave them the message of Go green and children participated in various creative activities like speech, poster making, paper bag making, etc. The students and staff members took pledge during the occasion that they would keep

surroundings clean and take care of the Mother Earth.

At CT World School, Earth Day was celebrated with gusto with the purpose of spreading awareness among the younger generation. Students from different grades recited poems and spoke on 'How to Save Mother Earth'. Mrs. Madhu Sharma, Principal conducted a group discussion followed by 'Slogan Writing Competition' where students colored their

thoughts into sheets. Kindergarten Students took out a rally with Slogans 'Save Earth, Save Nature' and encouraged everyone.

S. Charanjit Singh Channi, Chairman, Mr. Manbir Singh, M.D., Mr. Harpreet Singh, Vice Chairman, wished the students 'Happy Earth Day' whereas in return students offered them paper bags as token of love and respect.



EDITORIAL

You will stumble many times in your journey, however you have to stand up on your own without expecting anyone to do the same for you. Keep walking ahead with head held high and be your own motivator in this wayfare.

Avoidance of moderation of marks is indeed a much needed step

Indian education system is always a hurdle race. The way education system has become is probably not a good path to pursue. The system is designed like a pyramid, which means fewer numbers of seats as the students go to higher classes. Secondly, the marking system in the Class 12 board examination is flawed, and, the quality of higher educational institutions is uneven, sparking a mad rush for the top colleges and prestigious universities. While the first and third need long-term changes, the Centre has achieved some progress in tackling the second one. Last week, 23 states and Union Territories promised to stop the practice of inflating marks awarded in the Class 12 board exams, easing the path for entry into undergraduate programmes.

While it's not fair to blame a particular board for the warped marking system, the Central Board of Secondary Education perfected an art called moderation. Cut out the jargon and this is what it means: Marks in Class 12 exams were artificially inflated to ensure students didn't suffer in college admissions since the boards of other states tended to be lenient in their marking. This had a domino effect on college admission cut-offs: In Delhi University, cut-offs have sometimes touched 100% in recent years, denying many admission seekers entry into the courses of their choice. Students from certain states edged out others. For example, in 2016, out of the 188 admissions in Delhi's Shri Ram College of Commerce on the first day, 129 were from Tamil Nadu. Last year, CBSE decided to discontinue the moderation system.

From the very beginning, moderation was a flawed idea. An examination should give the student a clear idea about his competence and aptitude. He should get what he deserves. By inflating marks, the boards are also unfairly edging out deserving candidates. So the recent decision of other boards to end the inflation of marks is a critical step forward. But a better long-term solution will probably be to have a national common entrance test for universities to judge a student's aptitude and give everyone a level playing field

(Source: Hindustan Times)



CEE TEE WORLD AT A GLANCE

CHAIRMAN CUM CHIEF EXECUTIVE
S. CHARANJIT SINGH CHANNI

Editor : Mr. Mohinder Singh

Executive Editor : Mr. Manbir Singh

Manager Marketing : Mr. Harvinder Singh

Printed And Published : Dainik Bhaskar Printing Press,
Near PWD Guest House, Sirhind Distt. (Fatehgarh Sahib)

and Released from Cee Tee World

Office, 6-A 1st Floor, Seiyu Complex 189, Model Town, Jalandhar

Corporate Office : CT Public School Complex,
Greater Kailash, Jalandhar | Ph. : 0181-2440713

Your soul has to say this time!

Humans take their hunches seriously and try to react instantly. You can define intuitions as a feeling which may lead you in the right direction faster. You strongly feel about the forthcoming and start to react accordingly. Most of the times, when some unusual happens you start to think that it happened because you were having the same kind of intuitions few days or time back.

Many of us come up with a question i.e., "How do I know my intuition is right?" This is the most common question because many times we over-think and call the process as having intuition. Intuition and over thinking are often taken as the same thing, even when these two terms are not. Intuitions are the pre-assumptions that your mind make whereas over-thinking is the process of taking thing to the point where things haven't even reached. Over-thinking is like imaginary cooking where you can burn your food

and lose then hurt yourself with the pain caused in your 'imagination.'

However, intuitions help you to change the steps or moves you're going to take ahead. Through intuitions you can 'feel' what

consequences or the up comings start to strike up in your mind but you avoid them by using some mythologies. Instead of this, know your intuition is indicating you about something and start taking steps accordingly. Most of the times, your intuitions lead you to the right path. This magic may sometimes not work accurately because of lack of intuitive skills. And, here it becomes important to develop such skills which will sharpen the mind and its working. For that, you should know how to access your intuition. One of the good ways of developing effectual intuitive skills is to develop a good tuning with your body and adopt meditative attitude.

It's necessary to feel the hunches which your system is giving you at times and react accordingly because your soul has to say something this time!



Ms. Simerjit Kaur
AP (English), CTIHS

your future is up to. You can't predict anything but can feel how the things will effect-good, bad or somewhat weirdly. Here, you have to follow your intuitions but you don't have to react instantly by just over thinking the situations.

Sometimes the

Making right decisions for your career

Fast-forward a few months from now, after all the blood, toil, tears and sweat and you will be there at your graduation ceremony with you dear ones grinning from ear to ear at you from the stand, seemingly putting winning streak as you walk down to receive your certificate. For that juncture as you bagged your hard-earned prize, you will look up and know you did them proud. What next?

Where do you aspire to be five years down the line? What do you want to do? What you want to be?

Don't worry! It happens with many. As graduation comes to close, the bubble bursts and students are faced with the realization that they still have no clue about what they ambit to do in life.

Career planning is a lifelong process which includes getting a job, working on skills, finding out expectations. There might be possible changes in life because out long-term and short-term plays may not match.

There is no blueprint for a successful career, but some planning can definitely help you get where you want to be.

While many students find a right way to bring their

plan to fruition, a majority of them find it difficult to make virtuous decision.

When student starts college it seems like they have an eternity to make up their mind what they will sketch after graduation. However, this does not certainly mean that the decision was made with full clarity about the future as many times, resolution is influenced by

requirements- an above of all is your "Skill set" and "AIM". There are countless career options from graduation programs to working abroad to further study. You strength drives you through cross-roads.

If you want to work and travel you can be smart about it and do both.

In a similar way, you can work and study together as some companies pay the student for further education, along with study leaves and bonus for good exam performance. Thus learn what your job demands, what your interest urge, accordingly go for certifications or post graduation.

Explore tour searches and opportunities off the beaten crack. Don't narrow yourself in career choices; allow your wings to let you flu high regardless of location, package and money constraints.

In initial few years after graduation focus more on learning than earning, as this will pay you high.

Victory is yours if you are willing to work incredibly hard over a long period of time. If you look for shortcuts or give up soon-you will become a job hopper without really being content.



Mr. Varun Nayyar
AP & Assistant Director, Admissions

critical relationship between family, friends, financial, personal and peer-popular factors and opportunities present at the time of commitments. Thus there are possibilities to welcome the new change for flamboyant future.

Before you choose the best career, you need to know growth prospect, competition, jobs and work

NEWS

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NEWS

Team GFC Jagraon wins cash prize of Rs. 21, 000 at CT University's Football Fiesta



Four day Football Fiesta organised at CT University

A four day football fiesta was organised at CT University' Sports Complex, Ludhiana in which 32 teams from various villages and clubs competed with each other. Teams from Sadarpura, Halwara, Gagra Football Club, Hissowal, Akhara, Chaukimmann Football Club etc. participated with utmost zeal and preparation. The team GFC Jagraon has won the tournament trophy along with the cash prize of Rs. 21,000, followed by team Kothe Rahlan won Runner-Up trophy along with Rs. 11,000.

The tournament was opened and closed by Pro Vice Chancellor Dr. Harsh Sadawarti along with the prestigious presence of Registrar Dr. JS Dhiman, Dean Academics Dr. GS Bakshi, Director Students Affair SS

Grewal, HOD Physical Education Dr. Praveen Sharma and HOD School of Law, Dr. V.K. Sharma.

On this occasion, Dr. Harsh Sadawarti, Pro Vice Chancellor, said, "I congratulate the winning teams and also appreciate the sincere efforts of participating teams as they have played quite well. Participation in sports and games help us to balance our personalities and the students can display their stamina and strength. The combination of mind and strength also proves beneficial in the curricular performance".

The head of the School of Physical Education, Dr. Praveen Sharma, said, "We try to bring out the best from a student through motivating them to participate in sports and extracurricular activities. Such events are need of the hour to make youth powerful."

As we lose ourselves in the service of others, we discover our own lives: Parveen Abrol

Parveen Abrol motivates CT students under "She Walks She Talks" series

"The happiest people I know are those who lose themselves in the service of others", said a known social activist Mrs. Parveen Abrol. She interacted with the female students of CT Group of Institutions, Maqsudpur where an eighth motivational talk was organized under the campaign 'She Walks She Talks series' of enhancing women empowerment.

"She walks She Talks" is all about great women having

received pinnacle of their respective fields. Continuing with this spirit of encouragement and motivation, Mrs. Parveen Abrol, a known social worker from Divya Drishti was the key note speaker of today's talk series. She is truly an iconic figure and is concerned for the betterment of the weaker sections especially women.

Mrs. Parveen enlightened the students in a convincing way. She shared her personal experiences of dealing with the women who

suffer domestic violence and other women related issues. She inspired the students to be all rounder and play strong affective part in each fields of life. She motivated them to become bold decision makers.

Mrs. Parveen Abrol while motivating students said, "It's much easier to forget your personal woes when you're serving the needs of those around you. For social workers, the needs can be overwhelming. But regardless of the results, the career rewards are intangible. One must serve society in the best

way possible." She further added, "Every now and then, we meet younger versions of ourselves. We see the mistakes they are making today and wish we could set them straight.

For social workers, their lives are intertwined with those they are serving. They discover more and more about themselves every day as they

do them. As we lose ourselves in the service of others, we discover our own lives and our own happiness."

Campus Director, Dr. Jasdeep Kaur Dhama expressed a heartfelt gratitude to the guest of honors by giving them green welcome and by briefing the august gathering.



CAREER ORIENTED - SHORT TERM SKILL DEVELOPMENT PROGRAM

FOUNDATION COURSE IN TRAVEL & TOURISM

COURSE HIGHLIGHTS

- Airlines (LCC, FSC) • Types of Cruises
- Travel Terminology • Anatomy of Journey
- Holiday Packages • Working for Travel Agency
- Travel Terminology • Hotels • CRS/GDS

COURSE DURATION
1 Month (Monday to Friday)
(1 Hour Daily)

NO AGE BAR

BASIC COMPUTER KNOWLEDGE MUST



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