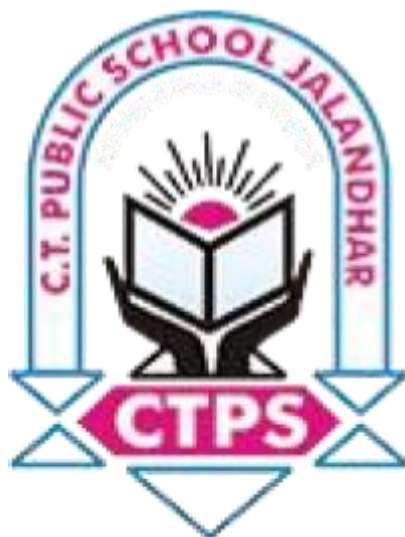


CT PUBLIC SCHOOL

Greater Kailash, Jalandhar

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TERM 1 SYLLABUS

Class – 12 Commerce

SESSION 2022-23

ENGLISH

April
Flamingo Prose

Chapter The Last Lesson
Chapter Lost Spring

Poetry

Chapter - My Mother at Sixty Six

Vistas

Chapter The Third Level

Writing Section

Notice Writing
Paragraph Writing
Letter of application for a job.

May

Flamingo
Prose

Chapter - Deep Water
Chapter -The Rattrap

Poetry
Chapter - An Elementary School Classroom in a Slum

Vistas

Chapter - The Tiger King.
Writing - Report Writing

July

Flamingo

Prose

Chapter - Indigo
Chapter - Poets and Pancakes

Poetry

Chapter - Keeping Quiet

Vistas

Chapter - Journey to the end of the Earth.

August

Flamingo

Prose

Chapter - The Interview

Part - I & II

Poetry

Chapter - A Thing of Beauty

Vistas

Chapter - The Enemy

September

Flamingo & Vistas

Revision of chapters.

Unit Test 1

Flamingo

Prose

Chapter - The Last Lesson

Poetry

Chapter - My Mother At Sixty Six.

Writing - Letter of application for a job.

Vistas

Chapter - The Third Level

Unit Test 2

Flamingo

Prose

Chapter - Lost Spring

Poetry

Chapter - An Elementary School Classroom in a Slum

Vistas

Chapter - The Tiger King

Physical Education

UNIT-I

PLANNING IN SPORTS

- Meaning & Objectives Of Planning
- Various Committees & its Responsibilities (pre;during&post)
- Tournament: Knock-Out,League Or Round Robin & Combination
- Procedure To Draw Fixtures–Knock-Out (Bye & Seeding) & League (Staircase&Cyclic)

MAY

UNIT-II

SPORTS AND NUTRITION

- Balanced Diet& Nutrition:Macro & Micro Nutrients
- Nutritive & Non-Nutritive Components Of Diet
- Eating For Weight Control–A Healthy Weight,The Pitfalls
of Dieting, Food Intolerance and Food Myths.

JULY

UNIT-V

CHILDREN AND WOMEN IN SPORTS

- Motor development & factors affecting it
- Exercise Guidelines at different stages of growth & Development

-Common Postural Deformities - Knock Knee;Flat Foot;Round Shoulders;Lordosis, Kyphosis, Bow Legs and Scoliosis and their corrective measures

-Sports participation of women in India. AUGUST

UNIT-VI

TEST AND MEASUREMENT IN SPORTS

-Motor FitnessTest – 50 M Standing Start,600 M Run/Walk,Sit & Reach,Partial Curl Up,PushUps(Boys),Modified PushUps(Girls),Standing Broad Jump, Agility –4x10 M Shuttle Run

-Measurement of Cardio Vascular Fitness–Harvard

Step Test/Rockport Test -

Duration of the Exercise in Seconds

x100

5.5xPulse count of 1-1.5 Min after

Exercise

- Rikli & Jones-Senior Citizen Fitness Test

SEPTEMBER

UNIT-VIII

BIOMECHANICS AND SPORTS

-Meaning and Importance of Biomechanics in Sports -Types of

movements (Flexion, Extension,Abduction &Adduction)

-Newton's Law of Motion & its application in sports.

PRACTICAL WORK

Project File

(About one sport/game of choice)

UNIT TEST SYLLABUS

UNIT-1 PLANNING IN SPORTS

UNIT-2 SPORTS AND NUTRITION

Painting

April

#six limbs of
Indian Painting
#Elements of art.
#principal of art

May
#Rajasthani school of
painting

July
#pahari school

August
Mughal school of
miniatures

September
Deccani school of art.

unit test

#six limbs of Indian Painting

Elements of art

Principal of art.

Rajasthani school of painting

Financial Market Management

***April* -**

1.communication skill

***May* -**

***Unit-2 self
management skill**

***June* -**

Unit -3 ICT skills IV

***July* -**

**Unit 1- Introduction to
Indian security market
and trading members.**

August

Unit 2 -Trading.

September

**Unit 3- Clearing and
settlement legal f
ramework.**

Accountancy

April

Ch 2.-Accounting for partnership firm

May

Ch 3 -Goodwill

Ch -4 Admission of a partner

July

Ch- 1 Financial statement Analysis.(3rd volume)

Chp- 2 Tools of financial statements analysis.

Chp-4 Ratio analysis

August

Ch 1 share capital (2nd volume)

September

Ch1 Non profit organization (Volume 1)

Business Studies

***April* -**

1.Introduction to management.

***May* Chp-2 Principles of
management.**

Chp-3 Business environment.

***June* - chp- Marketing management.**

***July* - planning**

***August* - Organising.**

***September* - Revision of full syllabus.**

Economics

April

Ch 5 Money (Macro economics)
Ch 6 Banking(Macro economics)
Ch 5 Poverty (Indian Economy)

May

Ch 10 Government budget(Macro economics)
Ch 6 Human Capital formation (Indian economy)
Ch 7 Rural development (Indian economy)

July

Ch11 Foreign exchange rate (macroeconomics)
Ch 12 Balance of payment(Macro economics)
Ch 1 Indian economy on the eve of Independence (Indian economy)

August

Ch 1 Introduction (Macroeconomics)
Ch2 Basic concepts of macroeconomics (macroeconomics)
Ch 3 Agriculture industry and trade (Indian economy)

September

Ch 2 Five year plans (Indian economy)
Ch 4 Economic Reforms (Indian economy)

Unit test syllabus

Ch 5 Money (Macro economics)
Ch 6 Banking(Macro economics)
Ch 5 Poverty (Indian economy)

Music

Unit I April

Brief study of the following.

Alankar ,Alap, Taan Meend,gamak

Practical : Raag bhairav

Chotta khyaal with alap taan

Unit 2 May

Historical development of time theory of raag.

Unit 3 June

Study of the following

Granth Sangeet Ratnakar.

Unit 4 July

Description with described talas

along with Tals notation with Thah duggan and chugan.

Juptaal ,rupak ,dhamaar

Unit 5 (August September)

Critical study and writing notation of the composition of the prescribed ragas along with recognising ragas from phrases of swaras and elaborating them: bhairav and bhegeswari

Practical:(1st term)

- One vilmbat khyaal with simple elaboration and few taans in any one of the prescribed ragas:

Bhairav and bhegeswari

- Drut khyaal with simple elaboration and few taans

Raag bhairav and bhegeswari.

- Thekas of following talas Keeping on hand Thah dugun and chugan. Japp taal rupak and dhamaar.
- Ability to recognise the ragas from the Phrase of swaras rendered by the examiner
- Practical file